

NEWSLETTER

January 21st 2022

Just look how far we've come!

One year ago we had just begun the mammoth task of turning our plans for a purpose built, high spec, gymnastics and sports facility into a reality. Thanks to some incredible volunteers, giving up their time and expertise in the middle of a pandemic, building work was underway. None of us at that time could really envisage just what a bright, friendly and welcoming space we would create. Almost every job was carried out by a volunteer, and we owe them a massive thank you for helping us realise our dream. We thought it would be fun to compare some then and now pictures.....



Clare & Barry with the daunting job of marking out the exact position of the new walls - what a relief they ended up in the right place!

And the same space looking rather more welcoming.....



First wall up separating the café from the small gym.

Now a bright and useful second gym.



Debbie dressed up to the nines and enjoying a well deserved cuppa in the main gym during some serious building work.



You might recognise some of our junior coaches and squad members getting their hands dirty painting the toilets. They worked incredibly hard weekend after weekend.



Our bespoke raised platform under construction. Hidden underneath is a treasure trove of pictures drawn by our members at the time and attached to the boxes.



Our kitchen and café area taking shape. Rather more tempting for a cuppa and cake now.....



New Covid rules PLEASE READ

Thank you for your patience in following our Covid rules at The Vault. Keeping our members and staff safe is our number one priority, and we are always looking at our Covid strategy to assess it's effectiveness.

Although cases are high, the threat from Covid is reducing and as such you will now no longer need to wait outside the building until your class is called in, or have your temperature taken.

As of the 27th January, in line with government guidelines, we recommend that you continue to wear a mask when you come into the café. Please come in, sanitize your hands and then enjoy our café area (and maybe a sneaky Costa and a cake!) until it's time for your class.

When it is time for your class, the coach will call you in from the gym door.



Please do not leave your child until they are with their coach in the gym. We cannot take responsibility for them until they have been handed over to their coach at the start of their class.

Thank you for your cooperation with our rules in these unprecedented times.



Ringing in the new year!

You may have noticed our new bell in the main gym and be wondering what it's all about.

It was very kindly donated by our wonderful coach Jade Thompson when she left us at Christmas. Gymnasts of all ages and levels are given the chance to ring the bell when they conquer a new move.



Ivy got to ring the bell for achieving a round-off dismount on the beam!

Well done Ivy!

Could we reach you in an emergency?

We have had a number of incidences where we have needed to contact a parent/carer and have been unable to do so due to calls going to voicemail, numbers not working or people not picking up because they don't recognise the number (we will often ring from a mobile). Can all gymnasts (including adults) please check that we have at least two emergency contact numbers, that they are up to date, and that phones are turned on and answered when your child is in class. All contact details can be checked and managed through your account on iClassPro. If you need any help please let us know.



Meet Your Beam Café Staff Member: Finley

We hope you all enjoy spending time in our lovely café area. We have been blessed with some wonderful young, friendly staff to run it. Here we learn a bit more about Finley:



"I only joined Carterton Gymnastic Club fairly recently, in the summer. However, in such a short time I have been struck by the friendliness of everybody involved with the club – staff, children and parents. Nobody has said a bad word to me since my arrival. For a sixteen-year-old's first job, it has been absolutely perfect.

One of the highlights of my time here has been the Halloween competition. Seeing so many proud parents over the course of the day buying their children competitors rewards for their brave performances was fantastic – and hard work to serve them all! It was great fun to get into the spooky spirit and dress up as a vampire, although I think that Debra's pumpkin costume perhaps won the prize for best outfit.

So come on down to the Beam Café, get yourself a nice cup of tea or coffee and a flapjack or a muffin, and watch your little stars on the screen. You might even see Monty, a very good dog who is most certainly NOT allowed into the kitchen!"



Fun Fact: Finley confessed that he is extremely intolerant to any kind of spice and once burnt his tongue on flavoured crisps!

February half term holiday camp

BOOK NOW! Still a few spaces left

21st—25th February 9am—12pm Only £75 for the week

Keep the kids active this half term with our fun filled holiday camp. Open to members and non-members aged 5—16 years.

Don't miss your chance to book a space! www.cartertongym.co.uk/holiday-club

Welcome To Our Cleaner Chris

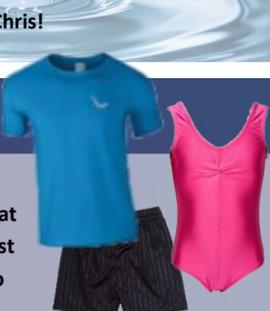
You may never see him, as he works his magic when no-one is around, but we are very grateful for the work he does keeping The Vault lovely and clean. Welcome to the team Chris!



Just a reminder.....

We are still finding a number of gymnasts wearing the wrong clothing. It is club policy that all gymnasts (except pre-school and adult) must wear the club uniform. To purchase, please go to:

<https://app.iclasspro.com/portal/cartertongym/products>



The Vault

www.cartertongym.co.uk